



1st ever

DRESDEN TOMATO RUN

Sat., October 13, 2012

Markham Memorial Grove, Metcalfe St., Dresden ON

REGISTER ONLINE: www.runningroom.com

Kid's 1K run.....\$20 (starts 9:30am)

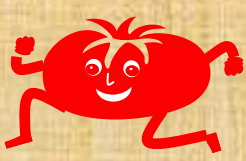
Adult's 3K/5K walk...\$50 (starts 10:15am)

Adult's 3K/5K run.....\$50 (starts 10:30am)

Adult's 10K run.....\$50 (starts 10:00am)

Child participants receive a medal & pasta lunch

Adult participants receive T-shirt, medal & pasta lunch



EXTRA PASTA TICKETS AVAILABLE! \$15



**TOMATO ALLEY
(starts 11:45am)**

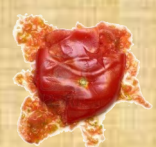


Following the race adult participants will have the option to dash 100m past a throng of tomato wielders through "Tomato Alley".



Wield tomatoes from the sidelines

TOMATO THROWER Tickets: \$5



To register to run through "Tomato Alley" only contact Karin @ Tech 2000 519-683-6470



Proceeds benefit the new Dresden Community Healthcare Facility